

EAGLEVILLE TAE KWON DO ACADEMY

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Louis Giamo
Master Instructor

Minimum Time Requirements For Promotion

Rank	Number of Classes	Time in Grade (in months)	Total Months
White Belt to Yellow Stripe	20	1.5	1.5
Yellow Stripe to Yellow Belt	20	1.5	3.0
Yellow Belt to Green Stripe	20	1.5	4.5
Green Stripe to Green Belt	30	2.5	7.0
Green Belt to Blue Stripe	30	2.5	9.5
Blue Stripe to Blue Belt	30	2.5	12.0
Blue Belt to Red Stripe	50	4.5	16.5
Red Stripe to Red Belt	50	4.5	21.0
Red Belt to Black Stripe	50	4.5	25.5
Black Stripe to 1 st Dan (1 st Poom for under 15 years old)	50	6.0	31.5
1 st Dan to 2 nd Dan (2 nd Poom for under 16 years old)		1 year	
2 nd Dan to 3 rd Dan (3 rd Poom for under 18 years old)		2 years	
3 rd Dan to 4 th Dan (4 th Poom for under 21 years old)		3 years	
4 th Dan to 5 th Dan (no Poom rank must be 24 years old)		4 years	

The minimum number of classes and months are based on a 3 class per week schedule. If you attend more than 3 classes per week it is possible to have the minimum number of classes before the minimum time in grade but, you must still meet the minimum time in grade requirement before being recommended for testing. It is also possible to have the minimum time in grade, but not meet the minimum number of classes because you attended less than 3 classes per week. In order to test you must meet the minimum requirements in both classes and time in grade, and you must also be recommended by a black belt.