



EAGLEVILLE TAEKWONDO ACADEMY

PROMOTION TEST: 1st DAN

PRESENT RANK: 1st KUB

NAME: _____

AGE: _____

Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Facing Partner, Perform Turning Kick and Side Kick (with the rear leg) Coming As Close To Your Partners Face As Possible.	P F	
	P F	
One-Step Sparring	P F	
Self Defense Against Five Different Holds (Judge's Choice)	P F	
Free Sparring	P F	
Breaking: Five of the colored belt breaks. (minimum 2 kicking)	P F	
	P F	
	P F	
	P F	
	P F	
Breaking: Minimum 2 stations	P F	
Breaking: Choose one, Flying Front Kick or Knife Hand Strike	P F	
Discipline And Question	P F	
Written Test	P F	

1. BREAKING: Two boards for men and women aged 16 - 34 years, one board for all other.
2. Testing candidates 12 years old and under will do Tae Geuk forms only. Judges may substitute another Tae Geuk form for the required Chang Hun Ryu form.
3. Black Belt testing requires no F's in any category except breaking. Missed breaks must be made up prior to receiving certification.
4. Test Fee: \$350.00

JUDGE'S SIGNATURE: _____

RESULT: _____

APPLICANT'S SIGNATURE: _____

DATE: _____