



EAGLEVILLE TAEKWONDO ACADEMY

PROMOTION TEST: 1st DAN

PRESENT RANK: 1st KUB

NAME: _____

AGE: _____

| | | | |
|---|---|---|--|
| Chung Mu (under 12 does Taegeuk Chil Jang) | P | F | |
| Taegeuk Ppal Jang | P | F | |
| Judge's Choice Form | P | F | |
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| Judge's Choice Form | P | F | |
| Voluntary Form | P | F | |
| Stand Facing A Partner And Perform Turning Kick and Side Kick (with the rear leg) Coming As Close To Your Partners Face As Possible. (4 kicks with each leg.) | P | F | |
| | P | F | |
| One-Step Sparring | P | F | |
| Self Defense Against Five Different Holds (Judge's Choice) | P | F | |
| Free Sparring | P | F | |
| Breaking: Five of the colored belt breaks. (minimum 2 kicking) | P | F | |
| | P | F | |
| | P | F | |
| | P | F | |
| | P | F | |
| Breaking: Minimum 2 stations | P | F | |
| Breaking: Choose one, Flying Front Kick or Knife Hand Strike | P | F | |
| Discipline And Question | P | F | |
| Written Test | P | F | |

1. BREAKING: Two boards for men and women aged 16 - 34 years, one board for all other, no half boards.
2. Testing candidates 12 years old and under will do Tae Geuk forms only. Judges may substitute another Tae Geuk form for the required Chang Hun Ryu form.
3. Black Belt testing requires no F's in any category except breaking. Missed breaks must be made up prior to receiving certification.
4. Essay must be no less than two typed pages.
5. Test Fee: \$250.00

JUDGE'S SIGNATURE: _____

RESULT: _____

APPLICANT'S SIGNATURE: _____

DATE: _____