



EAGLEVILLE TAEKWONDO ACADEMY

PROMOTION TEST: 2nd DAN

PRESENT RANK: 1st DAN

NAME: _____

AGE: _____

Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Facing a partner, perform jump spin hook kick and flying front roundhouse kick coming as close to your partners face as possible.	P F	
	P F	
One- Step Sparring	P F	
Self Defense Against Knife Attack (4 different techniques)	P F	
Free Sparring	P F	
BREAKING: Six of the breaks from 10 th Kub through 1 st Dan (minimum 3 kicking)	P F	
	P F	
	P F	
	P F	
	P F	
Breaking: Minimum 3 stations	P F	
Breaking: Choose one, Flying Back Kick, Flying Roundhouse Kick, or Ridge Hand	P F	
Discipline And Question	P F	
Written Test	P F	

1. BREAKING: Two boards for men and women aged 16 - 34 years, one board for all other.
2. Black Belt testing requires no F's in any category except breaking. Missed breaks must be made up prior to receiving certification.
3. Test Fee: \$400.00

JUDGE'S SIGNATURE: _____

RESULT: _____

APPLICANT'S SIGNATURE: _____

DATE: _____