



EAGLEVILLE TAEKWONDO ACADEMY

PROMOTION TEST: 3rd DAN

PRESENT RANK: 2nd DAN

NAME: _____

AGE: _____

Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
Poomsae	P F	
One-Step Sparring	P F	
Self Defense Against Kicking Attack. Judge's choice of kicks. Minimum of seven techniques.	P F	
Free Sparring	P F	
3 Station Break Minimum two Kicks	P F	
Breaking: Seven of the breaks from 10 th Kub to 2 nd Dan (minimum 4 kicking)	P F	
	P F	
	P F	
	P F	
	P F	
	P F	
	P F	
Front Kick, Side Kick, Back Kick without touching the foot to the floor	P F	
Discipline And Question	P F	
Written Test	P F	

1. BREAKING: Two boards for men and women aged 16 - 34 years, one board for all other.
2. Black Belt testing requires no F's in any category except breaking. Missed breaks must be made up prior to receiving certification.
3. Test Fee: \$475.00

JUDGE'S SIGNATURE: _____

RESULT: _____

APPLICANT'S SIGNATURE: _____

DATE: _____