

**A Message from Master Giamo:**

March was a busy month for competitors at Eagleville Taekwondo. We competed in 4 tournaments in 5 weeks and did very well. Eight Eagleville members have qualified to go to USA Taekwondo Nationals in Orlando this July. They are: Reece Wyngaard, Mary Beth Mitchell, Natalie Mitchell, Anthony Mitchell, Sarah Lavan, Anthony Pacaro, Alex Wat and Master Giamo. This is the largest team we have fielded for Nationals in several years and I am proud to be part of it.

In April I will be attending the Kukkiwon Instructor's Course to keep my training current and learn some new things to bring back to Eagleville Taekwondo. We will also be sponsoring a Poomsae Seminar for black belts on April 17. These are ways that we keep our instructors up to date and provide advanced training in Taekwondo.

Some students have asked about weapons training. While we do not traditionally have weapons in Taekwondo, we do offer a Filipino Escrima (stick fighting) class. If you are interested, please ask me.

**Upcoming Events at Eagleville TKD**

April 10: Little Ninja Testing 11:30

April 17: Poomsae Seminar 8:30-5:00 (no classes)

April 23: Promotion Testing 6:30. Pretesting will start April 12.

**Terminology of the Month**

Makki: block

arae makki: down block

pakkat makki: outer block

olgul makki: face block

**Welcome New and Returning Members:**

Abby Yeager

Emily Yeager

Kristin Kirkpatrick

Kenneth Kirkpatrick

Nikolas DiSabatino

Jake O'Neal

**Testing/Competition Results:****PA State Championships:**

Reese Wyngaard: 1<sup>st</sup> place sparring, 1<sup>st</sup> place breaking

Alex Wat: 1<sup>st</sup> place forms

Mr. Pacaro: 1<sup>st</sup> place forms

Master Giamo: 1<sup>st</sup> place forms

**USAT National Qualifier York, PA:**

Dr. Lavan: 1<sup>st</sup> place forms

Mrs. Mitchell: 1<sup>st</sup> place forms

Master Giamo: 1<sup>st</sup> place forms

Mr. Sebok: 2<sup>nd</sup> place forms

**Booster Club News:** The Booster Club is selling **Chocolate Martial Arts Pops in Milk, Dark and White Chocolate.**

They will come 6 to a bag for \$3 and will be available **until we run out.** The Eagleville Taekwondo Booster club is a non-profit organization that supports the students at Eagleville TKD. The booster club reimburses tournament fees for students who want to enter, supplies breaking boards for testing and sponsors special instructors and seminars. All students and parents of students are invited to participate. If you want more information or have a question please see Mr. Cummings.