

Meaning of the Belts

White: Nothingness, purity, emptiness, potential. White is also all of the colors in the spectrum.

Yellow: Hard work as in digging gold from the ground.

Green: Growth as in plants and trees rising from the ground.

Blue: Reaching for the goals as in the sky.

Red: Command of the basics as in the sun rules the sky.

Black: Void, the absence of color. The beginning of real training.